

# ISKF of BC

## Seminars

March 19<sup>th</sup>-22<sup>nd</sup>,  
2020

Port Moody  
British Columbia

Presented by

International  
Shotokan Karate  
Federation of  
British Columbia

International Shotokan Karate Association of British Columbia  
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**Sensei Mark  
Tarrant  
7th Dan,  
Chief Instructor  
Mountain States,  
ISKF Technical  
committee member**

**with classes by  
Shihan Y. Yaguchi**

<b>KYU AND DAN SEMINAR INFORMATION</b>			
<b>DATE</b>	<b>TIME</b>	<b>LEVEL</b>	<b>LOCATION</b>
Thursday, Mar. 19 <sup>th</sup>	6:30 pm – 7:30 pm	KYU LEVEL	PORT MOODY
	7:30 pm – 8:30 pm	BLACK BELTS	
Friday, Mar. 20 <sup>th</sup>	10:30 am – 11:30 am	ALL LEVELS	PORT MOODY
	6:30 pm – 7:30 pm	KYU LEVEL	
	7:30 pm – 8:30 pm	BLACK BELTS	
Saturday, Mar. 21 <sup>st</sup>	9:00 am – 10:00 am Kyu levels		PORT MOODY
	10:00 am – 11:00 am Black Belts		
Saturday, Mar. 21 <sup>st</sup>	2:00 pm – 3:00 pm Kyu level with SHIHAN YAGUCHI		
Saturday, Mar. 21 <sup>st</sup>	3:00 PM - COMPLETION Black belt with SHIHAN Y. YAGUCHI		
Sunday, Mar. 22 <sup>nd</sup>	10:00 am – 11:00 am	KYU LEVEL	PORT MOODY
	11:00 am – 12:00 pm	BLACK BELTS	
	12:30 pm -	DAN GRADING	PORT MOODY